

CMF Board Meeting Agenda 3/19/21 9am

Attending: Marlene Farrell, CMF Coordinator, Mary Helen Mayhew, Board Commissioner, Helen Rayfield, Board Commissioner, Sabine Kaul-Connelly, CM Occupational Therapist

Board Members: Bob Jennings, Nancy Lellelid, Scott Bradshaw, Dana & Jeff Wilson, Kathy & Ted Montgomery, Wade and Kathi Nash, Vangie Schasse, Scott Schimelfenig, Ann MacPherson, Strode Weaver, Bob Adamson

Absent: Mark Judy, Terri Judy, Mogens Bach, Diane Blake CM CEO

Call to Order at 9:02

Wade read our mission statement: To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

1. Consent agenda

Notes: A motion was made by Wade and seconded by Nancy to approve the February 2021 minutes. All in favor. A motion was made and seconded to approve the March 2021 agenda. All in favor.

2. CM PT/Rehab Department Update – Sabine Kaul-Connelly, Occupational Therapist

Notes: Outpatient services are in full swing after the shut down. There is an interdisciplinary team including a speech, occupational and physical therapist. Updates: There is an effort to provide more pediatric services for children who have conditions that impact their daily lives, i.e. autism, cerebral palsy, ADHD. This is important because OT services are not offered in the local schools, but there is a speech and physical therapist. The challenge for the clinic is to find space for these services. Standardization for the following aspects of rehab services: orientation for new employees, workflows, inpatient lead involving the swing bed program. Transition services from the swing bed program to patients' homes is an important part of rehab services after a serious illness, accident, etc. Fall prevention is really important. Seeing people in their environment helps providers understand what kind of services are needed to transition from a rehab facility to a home setting. She reports that people here in Leavenworth want to ideally stay in their homes, so "aging in place" safely is a part of their services. Home visits occur in and around Leavenworth. She reports that sometimes she goes as far as East Wenatchee, but 70% of the visits are done here locally.

3. Cascade Medical update – Diane Blake (Marlene standing in for Diane)

Notes: The hospital received more vaccines this week, this time from Confluence. CVCH, based on their category, has just been qualified to get vaccines directly from the federal government. They have a facility set up for vaccinations on Wenatchee Avenue. Our state is doing relatively

well, and our county is doing even better, 18% are fully vaccinated. Online bill paying is possible now. There was recently a public forum, headed by Kim Schreier, US Representative, to discuss social determinants of health, the disparities in particular, i.e. the working poor, those in poverty. Lack of childcare and transportation challenges were discussed.

4. Finances – Mark Judy (Bob Jennings standing in for Mark)

Notes: Total assets up 56%. \$58,448 has not been yet paid to the clinic for the mobile health unit. The original price for the mobile clinic was \$250,000, and although the cost of the unit is less than originally thought there are several expenses related to equipping the unit. Discussion ensued that we need to set aside extra funds to the ongoing operation of the unit. We are tabling further discussion on this topic until April. Net income for February was \$33,575, compared to a -\$7572 at the same time last year. Undesignated donations are up to \$4000. Golf sponsorships are a little over \$12,000 (as of the end of February, now we're over \$15,000). There are currently 17 sponsors that have paid and expecting at least 6 more. The investment group has shown an increase of \$7,500 in contrast to a loss last year at the same time. It will be exciting to receive the \$125,000 from the Murdoch Grant. Scott Bradshaw moved to approve the financial report, Scott Schimelfenig seconded. All approved.

5. Governance – Scott Bradshaw

Notes: We will continue with exit interviews when board members leave. The governance committee will interview the retiring board member. Linda Kinder will be interviewed by Terri Judy. Linda Bradshaw will be interviewed by Wade Nash. There are 17 board members (including Nancy, leaving soon, and Mogen on sabbatical) and several people will be retiring at the end of 2022. Marlene, Strode, and Terri have people they are contacting regarding possible new board membership. Future board education: It has been decided that there will not be board education in April because the DZA review will take too much time. Please submit any ideas to Scott Bradshaw for board education. The next governance meeting will be in June. Bob Jennings reminded everyone that we need to keep the idea of diversity in mind as we look for new members.

6. Golf – Bob Adamson

Notes: A group met with Karen out at Kahler Glen recently. Sponsorships keep rolling in. We hope to get to \$20,000. The tee prizes have been secured. There is an upcoming meeting/drive around at Kahler Glen to look at the holes. Save the date cards are going out in mid-April. Prospective golfers are going to be emailed in April, May, and June. There can be as many as 112 golfers. Using handicaps are being discussed for this year's tournament. Having the mobile clinic out at the golf classic is being discussed. The Ambulance Safety Equipment is going to be out at the course for golfers and our supporters to see.

7. Garden Tour – Dana Wilson

Notes: Good progress is being made for the Garden Tour. The event has been set for August 7 from 12-5. A grant from the City of Leavenworth has been approved for \$1,085 (from lodging

taxes) for promotional costs. We can apply for this grant for up to two years. Receipts need to be submitted for reimbursement. There are currently 11-12 artists participating in the event. Vangie and Marlene will be heading up an auction of items that the participating artists will voluntarily submit. We are working on getting a spot on KOHO 101.1 to promote the event. Garden Tour sponsor packets have been sent out to the board. The next meeting is April 1.

8. Three discussion topics – Bob Jennings

Notes: Mogens has asked to go on a sabbatical due to health issues. He could be out six months to a year. A board chair recommendation can be made to bypass the rule in the by-laws that state a member must be removed after missing 3 consecutive meetings. A motion was made to allow Mogens to take a sabbatical for up to a year, it was seconded, and all approved.

The by-laws state we have standing committees including fund raising. We also have an ad hoc committee and strategic planning, but we do not have chairpeople for these committees. We do not need to make a decision today, but it needs to be addressed in a future meeting. Board members are asked to volunteer to chair these committees. Any board member could contact Linda Kinder or Nancy McReynolds for more information

Should we make access to our board meetings by people from the outside of the clinic? The concern is the discussion of finances and confidential information about the clinic. Non-profits are not required to have public meetings. Marlene posts our minutes to our website and well as our 990 forms. Strode encouraged the executive committee to make the decision whether or not outside people can attend our general board meetings, including potential board members attending meetings. In the past, a potential board member would come to the general board meeting and step out during the vote. Individual board members should share possible concerns about a new member with the governance committee and/or the executive committee. It was decided that Governance would do the screening, then the member would attend the meeting and leave only when the vote was being made. Marlene will extend an invitation to Sharon Waters from the Chamber to attend general board meetings, as appropriate.

9. Coordinator Report – Marlene Farrell

Notes: Newsletters have been sent out. She included supporters from the past three years, 2018-present. 522 were mailed, and there were more in English and in Spanish. The newsletter has been posted in various spots in the clinic, Dryden and Peshastin. It can be sent out to all our supporters in email too. Total number of newsletters is 630.

There are two pavers going in within the next month, now that the weather has improved, Dr. Kranz, and one for Father Christmas.

Our action for the glass heart (for Blippy) did not result in any funds raised. The video had 100,000 hits, but not ever linked to the auction (out of our control). The heart can be added to the Garden Tour auction.

April 27-30 Marlene will be attending a Community Foundation virtual conference. If board members are interested, you can contact Marlene for more information. Vangie moved that we pay for Marlene's expenses to attend this conference, it was seconded, and approved.

Marlene will be gone for the first full week of April for vacation. Also, in May, Marlene will be gone one Friday. Due to this, both the executive committee meeting and general board meeting will be postponed for one week. The dates will be May 18 for the executive committee, full board meeting will be on May 28.

Commissioner's Meeting on the 23rd. Strode will attend.

Ann shared that she had a person interested in joining the board, but it has been made known to her that these people would not be appropriate for our board. Bob Jennings believes that since Plain is represented by 25% of the board we are looking for people from other areas of greater Leavenworth, which can be a rationale Ann shares with these folks.

Scott made a motion and Wade seconded to adjourn the meeting. The meeting was adjourned at 10:14.

Upcoming Events

3/23/21, 9am, CM Commissioners' meeting on Zoom – volunteer?

4/1/21, 10am, Garden Tour meeting on Zoom or in-person

4/5-9/21, Marlene will be away for spring break

4/13/21, 9am, CMF Executive Committee meeting on Zoom

4/16/21, 9am, CMF Board meeting on Zoom

4/22/21 Golf meeting at Kahler Glen

Donors (including in-kind) from February 12 to March 15 (not including board members or employees)

Karen Arnold, William Bruders, Christine & Craig Kopet, Margaret Neighbors,
Amelia Morgan & Nora Bedard, Boulder Bend Glassworks,
Imelda Cervantes Bernard, David Severance, Jenifer Fitterer Schultz

Golf and Garden Tour Sponsors from February 12 to March 15

Dan's Food Market, LocalTel, TruCode, Louws Truss,
Quest Diagnostics, Omni Staffing Services,
Berkshire Hathaway Home Services, Syndicate Smith