CASCADE MEDICAL FOUNDATION

FALL 2026 NEWSLETTER

Heartbeat

STAY UPDATED: *Follow us online!*

Holding still for 22 seconds is a long time. Let's make it 5

Help bring faster, clearer, more comfortable mammograms to Cascade Medical patients

Every woman who's had a mammogram knows the moment: holding still while the image is taken. With Cascade Medical's current mammography system, that means about 22 seconds of compression.

Cascade Medical Foundation is raising funds to bring technology to Cascade Medical which can capture the same image in less than 5 seconds.

That difference matters. A shorter, gentler exam can make screening more comfortable and less stressful, helping women return for the annual mammograms that save lives through early detection.

"All of us know someone. Early detection is the best detection. We want every woman to feel safe, heard and loved," said Deseree Bybee, Cascade Medical's Radiology director.

Her team researched three different units before selecting the one they believe is the biggest improvement over the current 2018 system.

> ***"All of us know someone. Early detection is the best detection. We want every woman to feel safe, heard and loved."***
>
> **Deseree Bybee,** *CM Radiology Director*

The new **Siemens Healthineers MAMMOMAT B.brilliant** system (pictured) will provide 3D images capable of detecting tiny calcifications that can be among the earliest signs of breast cancer. Clearer images also may reduce unnecessary callbacks, easing anxiety for patients and families.

The new mammography system will cost about $400,000. Through community support, the Foundation hopes to raise $200,000 by December 2027, with Cascade Medical funding the remainder.



Want to help?

Attend one of our 2027 fundraising events.
Every dollar goes directly to the campaign.

Make a *"For Her"* gift in honor of someone special.
Every gift makes an impact.

SCAN TO LEARN MORE OR MAKE A DONATION:

OR VISIT: ***CascadeMedicalFoundation.org***

New endoscopy equipment ready to go

Community-funded upgrades enhance patient care

A major upgrade to Cascade Medical's Endoscopy Suite is complete. Following delivery in October and staff training in early November, patients will soon benefit from advanced imaging technology that enhances accuracy and quality of care.

The new equipment includes an ultra-high-definition video system, a new endoscope, two colonoscopes and a big-wheel stretcher, strengthening Cascade Medical's ability to provide endoscopy and colonoscopy services.

The $125,000 project was fully funded in early September, thanks to proceeds from the Foundation's annual golf tournament, summer concert, Benevolent Night events and individual donations.

Reaching the goal ahead of schedule allowed equipment to be ordered and put into use sooner than anticipated.

"Thank you to everyone who supported this project through events, donations and sponsorships," said CMF Board Chairman Rich Adamson. *"Because of your generosity, patients in our community have access to advanced technology and high-quality care without leaving the valley."*

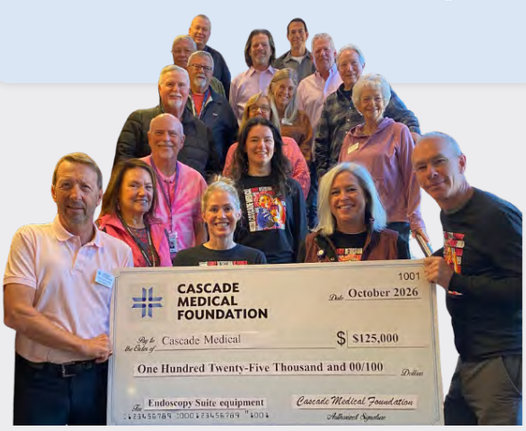


PHOTO: *CMF board members and members of Dr. Tony Butruille's endoscopy team celebrate the completion of the Foundation's $125,000 Endoscopy Suite Campaign on Oct. 21. (Photo credit: Katie Grove, Cascade Medical)*

CASCADE MEDICAL FOUNDATION
817 Commercial Street
Leavenworth, WA 98826

OUR MISSION:
To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

CONTACT US:
(509) 548-2523
Foundation@CascadeMedical.org

We are a 501(c)(3) nonprofit EIN 91-1576083.

Non-Profit Org.
US Postage
PAID
Leavenworth, WA
Permit #16

CURRENT RESIDENT or



Give the gift of a second chance

Your GiveNCW donation helps purchase more AEDs

Every second counts in a cardiac emergency. To help make lifesaving care more accessible, Cascade Medical Foundation, with support from local organizations and community donors, has placed nearly 30 automated external defibrillators (AEDs) throughout the Upper Valley since 2022.

The CMF Board remains committed to expanding and maintaining this important program, and you can help.

From Thanksgiving through Dec. 31, Cascade Medical Foundation will participate in GiveNCW, the online giving campaign hosted by the Community Foundation of NCW. Donations will support the purchase, installation and maintenance of AEDs across our community.

NOV 26

TO LEARN MORE OR DONATE:
Visit GiveNCW.org starting November 26.

Honoring a legacy, investing in people

Mark Judy fund scholarships help caregivers, community

When caregivers have opportunities to learn and grow, patients benefit too.

This year, seven Cascade Medical employees received scholarships from the Mark Judy Memorial Caregiver Education Fund to pursue training and certification in their fields. Here are updates from five of the recipients:

Occupational Therapist **Sarah Peery, MOTR/L**, completed a certification in pediatric cognitive behavioral therapy and is now studying trauma-informed interventions for depression, anxiety and autism. *"I use what I've learned every day,"* Peery said.

Kayla Talley, RN, used scholarship funds to complete a medical Spanish course at Wenatchee Valley College. *"I feel more confident communicating with our Spanish-speaking patients,"* Talley said. *"It was great!"*

Dietician **Katelin Limon, RD**, earned certification for Adult and Pediatric Obesity from the Commission on Dietetic Registration.

Medical laboratory scientist **Katie Larsen, MLS**, completed her bachelor's degree in laboratory science from the University of Cincinnati in spring 2026 and has since gone on to complete her American Society of Clinical Pathology certificate. She received scholarship funds in 2025 and 2026.

Clinic social worker **Aisha Houghton, MSW, LICSW**, is completing Level 1 and Level 2 Gottman Method for Couples Intervention, providing tools to help couples improve verbal communication, increase intimacy, respect and affection by increasing empathy and connection within a relationship.

Established in memory of former Cascade Medical CEO and Foundation board member Mark Judy, the scholarship fund reflects his belief in investing in people and encouraging lifelong learning. Today, his legacy lives on through employees who are expanding their skills and strengthening patient care.

The next application period opens in January. Cascade Medical Foundation continues to grow the fund so these opportunities remain available for future generations of caregivers.



PHOTOS: *Some of the 2026 Mark Judy Memorial Caregiver Education Fund scholarship recipients: (top) Occupational Therapist* ***Sarah Peery, MOTR/L****, (middle row, left to right)* ***Katelin Limon, RD, and Kayla Talley, RN****, (bottom row, left to right)* ***Katie Larsen, MLS****, and clinic social worker* ***Aisha Houghton, MSW, LICSW (Photo credit: CMF)****.*

SCAN TO LEARN MORE OR MAKE A DONATION:

OR VISIT: ***CascadeMedicalFoundation.org***