



# Heartbeat

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## 'Jive Time' returns September 21

*Fundraising concert offers same great jazz, new venue*

We invite you to join us Sept. 21 for an evening of toe-tapping fun as Cascade Medical Foundation's fundraising concert, Jive Time in the Cascades, returns for its third year.

This year's event will be at the Leavenworth Festhalle, 1001 Front St., offering more room to swing and sway as Wenatchee Big Band, a 20-piece community-based jazz orchestra ensemble, performs jazz standards and popular crowd favorites.

Tickets are available online at [CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org) or at the door. The doors open at 6 p.m. for the concert — or arrive 30 minutes earlier and enjoy a spaghetti dinner catered by Me2You. Dinners are \$25 and must be pre-purchased by Sept. 13. Wine, provided by Plain Cellars, and other beverages will be available for purchase throughout the evening.

Generous businesses have stepped up to support the effort including major sponsor Kahler Mountain Club, and supporting sponsors Leavenworth/Pine Village KOA, Cashmere Valley Bank, Ogden

Murphy Wallace, Wenatchee Valley Medical Group and the Taffy Shop.

More than 35 businesses also have donated gift cards that can be purchased at a discount from the "Buy-It-Now Board," giving concert goers a chance to support the Foundation and get a bargain.

Proceeds will help us purchase a vehicle for Cascade Medical's new Mobile Integrated Health Program.



**Photos:** The Wenatchee Big Band and singer Alesha Perrin rocked the house at the 2023 Jive Time in the Cascades. The event — and the band — return September 21 to the Leavenworth Festhalle. (Credits: Shari Campbell and Shannon Keller)



### It's 'Jive Time in the Cascades'

Saturday, September 21

Leavenworth Festhalle, 1001 Front St.

#### DINNER

5:30 - 6:30 p.m. / \$25

Enjoy a catered spaghetti dinner by Me2You Catering

#### WENATCHEE BIG BAND CONCERT

Doors open 6 p.m. / Concert 6:30 p.m. / \$40

Look for the Buy-It-Now Board with deals on gift cards donated by local businesses.

#### TICKETS

Packages available online at [CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org)

**Photo:** Cascade Medical's new hematology (blood) analyzer can process up to 20 blood samples at once. (Credit: Cascade Medical Foundation)

## Lab equipment campaign completed early

*Engine revving on next project — a vehicle for new MIH program*

The new replacement hematology (blood) analyzer arrived at Cascade Medical's lab the first week in August, bringing, as promised, faster, more reliable blood count reports. It has the capacity to run up to 20 blood samples at once and eliminates the need to send out some specialized tests that take up to a week.

In addition to outstanding community support, the project's early completion was possible because the machine cost about \$20,000 less than the

\$70,000 anticipated last fall. That gives us a head start on a second project — \$67,000 for a vehicle for Cascade Medical's startup Mobile Integrated Health program.

The MIH program will allow recently released hospital patients, the elderly and those with chronic conditions to receive in-home visits from Cascade Medical paramedics and EMTs. The check-ins will improve health outcomes and reduce hospital readmissions as patients



get help with medicine tracking, disease management and, if needed, access to telehealth services and other community support.

See details about the Mobile Integrated Health Program at [CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org).



# CASCADE MEDICAL FOUNDATION

817 Commercial Street  
Leavenworth, WA 98826

### OUR MISSION:

To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

### CONTACT US:

(509) 548-2523

Foundation@CascadeMedical.org

We are a 501(c)(3) nonprofit EIN 91-1576083.

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## Fall 2024 Calendar

**SEPT 21** 6:30 P.M. AT LEAVENWORTH FESTHALLE  
It's 'Jive Time in the Cascades' featuring the Wenatchee Big Band A fundraising concert with a "Buy It Now Board." Dinner also available. See details at CascadeMedicalFoundation.org.

**SEPT 25** 8 A.M. - 3 P.M.  
Benevolent Day\* at Bear Bear

**NOV 7** 4 P.M. - CLOSING  
Benevolent Night\* at Yodelin

**OCT 1-31** **Breast Cancer Awareness Month**

Cascade Medical Foundation's **Think Pink** fund covers the cost of mammograms for uninsured women at Cascade Medical all year long.

Do you know someone who is putting off a mammogram because of the cost?

Encourage them to call Cascade Medical for an appointment — (509) 548-2512.



### \*WHAT IS A BENEVOLENT EVENT?

Participating restaurants will donate a portion of the event's proceeds to Cascade Medical Foundation.

## More AEDs installed, ready to save lives

### Life-saving project will continue

Residents and visitors now have access to another eight potentially life-saving automatic external defibrillators (AEDs) in Leavenworth's downtown core. The Wi-Fi enabled AEDs, which analyze a heart's rhythm and, if necessary, deliver an electric shock to those experiencing sudden cardiac arrest, are easy to use, with instructions in English and Spanish.

The locations added in July include München Haus and Der Sportsmann, on Front Street, Gustav's on Highway 2, and two J5 Coffee locations. The new devices are part of a \$17,000 project by Cascade Medical and Cascade Medical Foundation, which included funding from a Leavenworth Lodging Tax Grant and community donations from last winter's Community Foundation of NCW's Give NCW online campaign.

This AED expansion project continues a \$40,000 effort in 2022 that delivered 21 new AEDs to schools, city offices and other public gathering spaces, replacing some older models and adding new locations. Cascade Medical Foundation is hoping to continue to work with Cascade Medical to update and expand the availability of AEDs throughout the community.

### UPDATED LIST AVAILABLE, NEW MAP COMING SOON

An updated list of current AED locations, including devices purchased by other businesses and organizations, can be found under the "Projects" tab on our website at [CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org). An updated map is also in the works.

For more information on how you can help, or if your business has a device you would like to see included on the list, call (509) 548-2523 or email [foundation@cascaedmedical.org](mailto:foundation@cascaedmedical.org).

**Photo:** Cascade Medical EMS Director Brian Pulse shows off one of eight new AEDs installed in July. (Credit: Cascade Medical Foundation)



**Photo:** Royal Ladies Sharon Waters and Linda Bradshaw are the latest additions to the Legacy Paver Walkway at Cascade Medical. (Credit: Cascade Medical Foundation)

## A legacy of service

Royal Ladies Linda Bradshaw (2024) and Sharon Waters (2022) now have their names set in stone as part of Cascade Medical Foundation's Legacy Paver Project.

They join more than 50 Royal Ladies of the Autumn Leaf Festival who are represented on the walkway that leads to the hospital entrance. M&E Memorial owners Miguel and Elia Cuevas engraved the latest additions in August.

Tiles in the Legacy Paver Project represent outstanding community service, personal milestones and memories. The project initially served as a fundraiser for the Cascade Medical Foundation in its mission to support Cascade Medical. That role continues, while also helping acknowledge those who support the community in many ways.