


Heartbeat

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Early detection saves lives

\$101,000 campaign funds endoscopy upgrades

Cascade Medical has provided essential endoscopic services — colonoscopies and upper endoscopies — for more than 20 years.

“Endoscopy and colonoscopy play a key role in detecting and preventing gastrointestinal diseases, including cancer,” said Cascade Medical’s Senior Director of Nursing Natasha Piestrup.

“In rural areas, offering these services locally is especially important, as patients often face long travel distances to larger hospitals. Having access close to home helps reduce delays in diagnosis and treatment, improving overall health outcomes.”

The Endoscopy Suite currently serves six patients one day per week, with appointments booked three months out. A second service day will be added in 2026, doubling capacity.

To keep pace with advancing technology, Cascade Medical Foundation has launched a

\$101,000 fundraising campaign to upgrade equipment.

“Early detection saves lives, and these upgrades will ensure continued delivery of the highest quality care to our community,” CMF Chairman Rich Adamson said.

The project includes:

- A new endoscope for upper endoscopies (esophagus, stomach and duodenum)
- 2 new colonoscopes (different sizes)
- An ultra-high-definition monitor and video system for enhanced accuracy.

“These improvements will enhance accuracy and patient safety,” Piestrup said. *“State-of-the-art technology ensures our community receives the same high-quality care found at larger hospitals — right here at home.”*



PHOTO: Cascade Medical Foundation is driving fundraising efforts this coming year to equip Cascade Medical’s busy Endoscopy Suite with new, state-of-the-art technology. (Credit: Cascade Medical)

Help us bring advanced endoscopy technology to our community.



Attend one of our 2026 events.

Proceeds from our upcoming events go toward the campaign.



Make a direct donation.

We offer one-time and recurring monthly donation options.

FOR MORE INFORMATION:
[CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org)

Cardiac monitor campaign is complete

Community support hits high note at Jive Time fundraiser

Thanks to incredible community generosity, a new **cardiac monitor** for Cascade Medical’s Mobile Integrated Health vehicle is on order.

The \$70,590 campaign launched in June and gained momentum through the record-breaking *Jive Time in the Cascades* concert on September 20 at Silvara Cellars, featuring Bandits of the Animal Kingdom.

More than 180 attendees enjoyed music, food and wine while raising \$14,500. Shortly after, a community member contributed an additional \$10,000 to complete the goal.

“Their donation went above and beyond to help us purchase this vital component for reaching patients in their homes,” said CMF Board Member Shannon Keller.

The cardiac monitor campaign was also boosted with a \$2,500 grant from the Confluence Health and Wenatchee Valley Medical Group Community Health Partnership Fund.

This marks CMF’s second successful project of 2025. At the Marson and Marson Cascade Golf Classic in June, the Foundation completed fundraising for the \$80,000 **“Clinic Bundle.”**



PHOTO: Clear skies, a popular band and a beautiful venue helped boost attendance at this year’s *Jive Time in the Cascades* fundraising concert Sept. 20 at Silvara Cellars. (Credit: Bandits of the Animal Kingdom)



CASCADE MEDICAL FOUNDATION

817 Commercial Street
Leavenworth, WA 98826

OUR MISSION:

To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

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We are a 501(c)(3) nonprofit EIN 91-1576083.

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CURRENT RESIDENT

GiveNCW starts Thanksgiving Day!

Help us maintain and buy life-saving AEDs

Automated external defibrillators (AEDs) help save lives, but only if they're accessible when they're needed.

Cascade Medical Foundation, with support from the community and local organizations, has purchased about 30 devices since 2022. The Wi-Fi-enabled AEDs analyze a heart's rhythm and, if necessary, deliver an electric shock to restore normal function during cardiac arrest.

The CMF Board is committed to supporting and expanding the AED program and you can help!

From Thanksgiving through Dec. 31, we are participating in GiveNCW, an online giving campaign hosted by the Community Foundation of NCW. Funds collected will help purchase and install new AEDs and maintain those already distributed throughout the community.



Thanksgiving - December 31

This one-stop giving program makes it easy to give back to Cascade Medical Foundation and many other nonprofits in the community.

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27

FIND OUT MORE:

Visit [GiveNCW.org](https://www.givencw.org) starting November 27.

Scholarship funds are getting put to good use

Application period for next round opens in January

Some Cascade Medical employees have new certifications or are enrolled in college coursework this year with help from scholarships provided through the **Mark Judy Memorial Caregiver Education Fund**. The application period for the next round of scholarships opens in January.

Established in memory of Mark Judy, a beloved former Cascade Medical CEO and Foundation board member who passed away suddenly in March 2023, the fund honors his legacy of inspiring and challenging others to grow by providing scholarships for employees pursuing career training while working on the job.

Staff from all departments are invited to apply for the competitive scholarships. To qualify, they must:

- Have worked at Cascade Medical for at least a year.
- Work a minimum of 24 hours a week.
- Commit to continuing their employment for at least a year after receiving the training.

Recipients selected during the program's first two years included staff in the business office, clinic, lab and radiology departments.

Cascade Medical Foundation is continuing to build the fund so annual scholarships can continue in perpetuity, empowering caregivers and strengthening our healthcare system from within.

TO MAKE A DONATION OR LEARN MORE:
[CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org)



Mark Judy (1947-2023)

Memorial Caregiver Education Fund

PHOTOS (TOP TO BOTTOM): Lab Tech **Katie Larsen** is enrolled at the University of Cincinnati, pursuing a bachelor of laboratory science degree. Her scholarship funds used this summer and fall helped pay for classes in hematology and advanced clinical microbiology. Financial Counselor **Janeth Baltazar Lopez** shows off the certificates she earned as a Revenue Cycle Representative and Revenue Cycle Specialist in 2024. She was in the first group of scholarship recipients. **Julie Skylstad and Jaimie Goehring** are now certified Revenue Cycle Specialists through the Healthcare Financial Management Association. (Credits: CMF)