



# Heartbeat



STAY UPDATED: Follow us online!

## Tee Up for a Good Cause

### Marson & Marson Lumber Cascade Golf Classic

What do you say, let's have some fun at this year's golf tournament! We can and will host golf safely. All of us have worked through and are moving beyond the challenges of 2020. Playing a game of golf with your friends can be a celebration of the substantial efforts of our healthcare workers and our collective resilience, as well as a way to show our commitment to our community's health and wellness.

It's hard to beat Kahler Glen's verdant course nestled among stately pines. The beautiful fairways are a mix of straight and undulating, and they swerve around water features, testing your skills. This year, added to our putting and chipping contests, get ready for another special game. Can you hit the island target at the aqua driving range? If so, you'll win a bottle of Eagle Creek wine!

For \$100 participants get a round of golf, tee prize, hearty sack lunch, drink token, photo of your foursome, putting

and chipping contests, on-course contests, and more!

So, please, join us on Monday, June 21st as a golfer, a sponsor, or by helping us spread the word about this important fundraising event.

## Mobile Health Clinic Receives Large Grant

M.J. Murdock Charitable Trust is awarding CMF \$125,000 for the mobile health clinic (MHC)! This is the biggest grant we have ever received! Murdock Trust agreed that this is a critical project for our area, worthy of funding.

We will be working with Cascade Medical to help make the MHC a reality soon. It will help patients in outlying areas in many ways, including general wellness, mental health, chronic care and social services. We'll keep you updated as this exciting project progresses.



## Grant Award for Suicide Prevention

### Successful Team Effort

Aisha Houghton and Dr. Maxwell Moholy from Cascade Medical teamed up with CM and the Cascade School District to secure a \$7000 Community Health Initiatives grant for Suicide Prevention Training! These funds will cover suicide prevention training for school district students, staff and parents, as well as train-the-trainer workshops and peer helper training.



**ABOVE:** Representatives from CMF, CM and CSD gathered outside Cascade High School for a presentation of the check. **Front row, from left:** Rudy Joya, CHS assistant principal, Shelly Zehm, school nurse, Kesha Smith, school nurse, Tracey Beckendorf-Edou, CSD superintendent, Trey Ising, school board chair, Dr. Maxwell Moholy, CM clinical psychologist, Kathy Montgomery, CMF board member, Mogens Bach, CMF board member, Aisha Houghton, CM clinical social worker. **Back row, from left:** Brett Johnson, special education director, Brooks Murphy, CHS intervention specialist, Katie Schmitt, CHS career counselor, Elia Ala'ilima-Daley, CHS principal, Tyler Cox, school psychologist, Dani Steele, IRMS counselor, Ashley Bartanen, CHS counselor.



# CASCADE MEDICAL FOUNDATION

817 Commercial Street  
Leavenworth, WA 98826

**OUR MISSION:**

To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

**CONTACT US:**

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We are a 501(c)(3) nonprofit EIN 91-1576083.

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## Meet Richard Vazquez CM Welcomes New Bilingual Financial Counselor

CM recently made an important step toward their goal of fostering equity, inclusion and belonging by welcoming Richard Vazquez into the role of Financial Counselor. This position assists patients with questions and concerns regarding their account balance, payment plans and financial assistance.

*“Richard’s bilingual fluency means increased access to all community*

*members to navigate the financial and insurance aspects of their care,”* said Diane Blake, CM CEO. *“He is already well-known by many patients for his exceptional care of others and customer service skills, so he is a great fit.”*

*“Having representation matters,”* Vazquez said of his new role. *“Knowing that there is someone who will listen to your concerns and can*

*understand your language matters. It opens doors for you and shows the community that we care and are here to help.”*



## Get Out for the Garden and Art Tour Celebrate Abundance After a Year of Isolation

Do dinner plate dahlias and amethyst hydrangeas thrill you? Or maybe you love learning tips for flourishing tomatoes and peppers? Or you really want to add that sweet-smelling native plant to your garden, but don't know what it is?

Or perhaps you love unique local art and enjoy wine tastings, and the rest is just floral ambiance?

The CMF Garden and Art Tour has all of this and more! Think of it, a chance to see, up-close, ten gardens that have been nurtured with love and wisdom. This is a wonderful opportunity to celebrate abundance after a year of isolation. Most locations will also feature the best of local art, including glassworks, pottery, metalwork and more. Mix it up with a visit to one of our partnering wineries and a coffee cart.

We promise to host this event with a focus on health safety. Being active outside is a great way to help your health as well as that of your

community. This event is one of our key fundraisers and your \$20 ticket fee will help us meet the needs of the 8000 people served by Cascade Medical annually.

### Spring & Summer 2021 Calendar

- JUN 1** BENEVOLENT NIGHT @ München Haus
- JUN 21** MARSON & MARSON LUMBER Cascade Golf Classic
- AUG 7** CELEBRATE ABUNDANCE @ Garden & Art Tour
- SEP 22** BENEVOLENT NIGHT @ Bavarian Bistro
- SEP TBD** THIRD ANNUAL Charm Walk
- OCT 13** BENEVOLENT NIGHT @ Wildflower

FOR MORE INFORMATION AND TICKETS:  
[CascadeMedicalFoundation.org](http://CascadeMedicalFoundation.org)



*\$100,000 toward our goal of \$120,000!*

**Fundraising Campaign**

We received more than \$30,000 in contributions from you, our dedicated supporters, in response to our appeal letter and GiveNCW campaign in December. This is double the amount we received in December 2019. Thank you, thank you, *thank you!*

We're getting close to our goal of \$120,000 to purchase ambulance safety equipment. Our upcoming fundraising events will help top off our jar, making our goal a reality before the year is up!